



Bethesda Outlook

August 2022

Our Mission is to proclaim, celebrate and share the love of Christ with our neighbors in an accepting, caring community.

Bethesda Staff

Pastor: Rev. Heidi Fish.....360-393-2977

Office Administrator: Judy Rasmussen
425-778-6390 email: officemanager@bethesdalcm.com

Musician: Vic Peters.. 206-789-1699

OFFICE HOURS

Monday—Thursday
9:00am—2:00pm

www.bethesdalcm.com

Bethesda Van

The Bethesda Van is available to you if you need a ride to an appointment, Grocery Shopping, ride to church and/or Bible Study. Whatever your need.

We have drivers that can get you there and back.

Please call Judy in the office (425-778-6390) to make arrangements!

Leave the driving to us!

(The Van will hold six passengers and a driver)

Grace Notes --- from Pastor Heidi



Sorry....

No Grace Notes from Pastor this month.



From the Bishop

We are extravagantly blessed in this state to be surrounded by amazing nature. Not far from us, on the Olympic Peninsula, there is a rainforest that has trees over 300 feet high and which are over 1000 years old. In human history, when those trees broke through the ground, Christianity was just beginning in the Scandinavian countries of Europe, the Charter of Liberties was signed by Henry 1 in England giving some rights to landowning men (revolutionary for its time), Islam was in its scientific golden age with many of the preeminent scholars and scientists of the Middle Ages, the person we know as Genghis Khan united about half of the Mongol clans under his leadership, and, in the area we now know as the Hoh Rainforest, indigenous people laughed and argued, loved and fought, hunted and fished. And there, on that land, tiny, fragile trees peeked through the ground.

One thousand years ago.

Since then, there has been love and birth, illness and disease, heartache and abandonment, war and rumors of war, laughter and joy. Pandemics have ravaged populations. Peace has been declared and lived into and broken. Nations have risen and nations have fallen and other nations have taken their place. Millions upon millions of people have come and gone. As long as those trees have been growing, there has been life and death and new life again. For one thousand years.

When life gets too fraught - when I worry about pandemics or elections or the state of many congregations or my children's future or humanity's future or this planet's future - when I begin to believe that I'm to save the church or humanity or the world - when I simply don't know what to do next - I think of the trees. One thousand years old and still growing.

And I take a breath. I breathe. And I trust in God's Holy Spirit.

For, as hard as it sometimes is to believe, dear beloved people of God, neither you nor I am called to save the church. Nor are we called to save the country. Nor are we called to save the world. As we have heard many times (I hope!) in church, Jesus died for the world already, you don't need to. And this world is redeemed through Jesus.

So, when we worry and stew and lose focus, what are we called to do and to be? As followers of Jesus, we are called to live and love in this world. As followers of Jesus, we are called to love the beautiful broken beloved people around us (even those you might not agree with or like). As followers of Jesus, we are called to love this beautiful broken beloved world and work to be good stewards of it. As followers of Jesus, we are called to leave this world and all of its inhabitants better because of us. As followers of Jesus, we are called to live and love in grace and move towards justice together.

When I think of the root systems of the trees in the Hoh rainforest - the roots that started shallow and individual but now go deep and wide, tangled up with other root systems, drawing from the same water source, burrowing as deeply down into the soil as much as they soar above the ground, interdependent with one another, needing one another - I think of how we are called to draw strength from one another, live together with each other, and deeply draw from the resources around us so that we all may thrive.

When I think of the Hoh Rainforest trees, peace comes over me. For I truly believe that, through the Holy Spirit, the Church will continue with deep roots and soaring heights. In one thousand years, the Church will not look the same as it does now (much like it has changed from 1000 years ago) and yet, Christ will continue to save through grace - of this I am certain.

I am thankful that in this time and place, we are called to live into the good news of Jesus' radical acceptance together. I am thankful that God is living and moving and being in me and I am living and moving and being in God. I am thankful that God is living and moving and being in you as you are living and moving and being in God. And, together, we look to those thousand-year-old trees. We look to seedlings and saplings. And we remember these words from Psalm 90:

Lord, you have been our dwelling-place
in all generations.
Before the mountains were brought forth,
or ever you had formed the earth and the world,
from everlasting to everlasting you are God.

You turn us back to dust,
and say, 'Turn back, you mortals.'
For a thousand years in your sight
are like yesterday when it is past,
or like a watch in the night.

May the beauty and blessing of God be with you always.

+ Bishop Shelley Bryan Wee

bishop@lutheransnw.org

Council Hi-lights

- Judy Rasmussen will be our recording secretary. This is to help Kate and they (Kate and Judy) will work together to make sure minutes are done. Judy is NOT considered a member of council and therefore has no voting rights.
- Someone will be talking to the people of Westway church regarding their sign. It still says “Saibit Church” of which they are no longer a part.
- There will be no meeting in August, however the executive committee will probably get together.

The council meetings are open to members of the congregation. The meetings are held the 2nd Sunday each month in the Conference Room, in the office building at 12:00pm. The next meeting will be September 11, 2022

Council
President:
Jeff Molitor
Vice President:
Jaye Lill
Secretary:
Kate Kurfess
Treasurer:
Sue Rasmussen
Paul Larmore

MONTH END FINANCIAL REPORT

As of June 2022

Balance Forward	\$(4831.92)
Offerings	\$6,872.72
Other Income	\$2535.00
Total	\$9407.72
Total Expenses.....	\$6113.49
New Balance.....	\$(1848.10)



Happy Birthday.....

- 08/10—Lisa Dyer
- 08/13—Pat Jupiter
- 08/21—Judith Hamre
- 08/23—Tim Hillerman
- 08/23—Mickey Schwald
- 08/29—Dorothy Wilson

!UPDATES!

New Address & Phone number for Mickey Schwald:

3755 Tutt Blvd. #223
Colorado Springs, CO 80922
PH: 425-219-0544

If you text her, she probably reply via email.

Memorial Service for Donna LC Fish (Pr. Heidi's mother)

Saturday—August 6, 2022

2:00pm.

**VOLUNTEERS FOR SET UP AND KITCHEN HELP NEEDED.
(contact Pastor Heidi)**

Memorial Service for Roy Johnson

Saturday—August 13, 2022

2:00 pm

Lake Forest Park Presbyterian Church

If you would like a ride, the Bethesda Van can take you and 5 others. Call the Church office to book a seat!

WE LIFT IN PRAYER:

ANDERSON, DIANE (Rasmussen cousin)
ANDERSON, JULIA
BALDOZ, RODEL (recovery after being attacked)
BALL, TAMMY (friend of M. Schwald) Cancer
BARRERA, CARMEN (friend of Rod Schwald) Cancer
BILLINGSLEY, MARQUIS (Wounded Warrior)
BLEVENS, DEAH (friend of Mickey S.)
BRADY, MARK (Wounded Warrior)
BRUNO, BERNADETTE (neighbor of Rod Schwald)
BUCK, DELORES (Mickey S. Sister-in-Law)
CARROLL, KAREN
CHRISTOFFERSON, DEBBIE (Cancer)
CRONBACH, LEE (Parkinson's)
Family of Margaret Berghuis
Family of ROY JOHNSON
GATER, DANIELLE
HALLADAY, JOY
HALVERSON, ROY (Lung Cancer) (Joy H. brother)
HAMRE, JUDITH (recovery after knee surgery)
HANDLE, JERRY (Steve W. Family member)
HARPER, MARTI
HAUMAN, SUE
HEDLUND, DANNA
HILLERMAN, TIM
HINSON, FRANCES
HOFFMAN, CHELSEA
JOHNSON, BILL
JOHNSON, ROY
JUAN, ANTOINETTE
JUPITER, PAT
LEASE, CHRISTINA (Valerie G. Granddaughter)
MARKES, FRANK (friend of Mickey S.)
MASSEY, RON
MOLIHAN, RUTHANN (Richard Smiths sister)
PFIFER, JANET & BILL (neighbor – Rod Schwald)
RICE, PATTY (Karen C. daughter)
ROSSIE, VIOLETTE (Stroke) (M. Schwald friend)
SCHWALD, MICKEY
SMITH, ELLEN
SPENCER, NATHAN
STANTON, PATRICK (cancer)
WILLS, PAT (friend of Joy H.)
WILSON, DOROTHY



PLEASE REMEMBER TO PRAY FOR FAMILY MEMBERS AND CARE GIVERS.

Please help me keep this list up to date by notifying me of any changes.

Thank you – Judy Rasmussen

August 2022



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
	Handbell Rehearsal 3-5 (S)		Al-Anon 6:30pm (O)	Handbell Rehearsal 2-4 (S) WAM (Zoom) 3:30pm Al-Anon 7:00pm (O)	Girl Scouts (50529) 5:30-8:30pm (FH)	GenZus Youth Group 1-2pm (O)
7	8	9	10	11	12	13
Worship 10:15am (S) Westway Church 12:30pm (S) Gleaning 4:00pm (FH)	Handbell Rehearsal 3-5 (S) Sue's Bible Study 2:00pm (O)		Foodie Book Group 6:30pm (FH) Al-Anon 6:30pm (O)	Handbell Rehearsal 2-4 (S) Al-Anon 7:00pm (O)	Girl Scouts (50529) 5:30-8:30pm (FH)	First Aid/CPR class (Gcouts)
14	15	16	17	18	19	20
Worship 10:15am (S) Council Meeting 12:00pm (O) Westway Church 12:30pm (S) Gleaning 4:00pm (FH)	Handbell Rehearsal 3-5 (S)		Al-Anon 6:30pm (O)	Handbell Rehearsal 2-4 (S) Al-Anon 7:00pm (O)	Girl Scouts (50529) 5:30-8:30pm (FH)	Girl Scouts (50529) workshop 9:30am - 4:30pm (FH) GenZus Youth 1-2pm (O)
21	22	23	24	25	26	27
Worship 10:15am (S) Westway Church 12:30pm (S) Gleaning 4:00pm (FH)	Handbell Rehearsal 3-5 (S) Sue's Bible Study 2:00pm (O)	NEWSLETTER DEADLINE	Al-Anon 6:30pm (O)	Handbell Rehearsal 2-4 (S) Al-Anon 7:00pm (O)		Community Breakfast 8-11:30am (FH)
28	29	30	31			
Worship 10:15am (S) Westway Church 12:30pm (S) Gleaning 4:00pm	Handbell Rehearsal 3-5 (S)		Al-Anon 6:30pm (O)			

BIBLE STUDY RETURNS!

Now that the celebrations, parties and parades of July are past, let's get back into Bible study again. We will pick up our lessons in the Gospel of John on Monday, August 8, and Monday August 22. at 2 o'clock in the afternoon. **EVERYONE IS WELCOME!** Bring your Bibles; any translations or paraphrases are useful, as I like to compare the various texts as we read. Having diverse translations often opens us up to different ideas and understanding.

The sessions work like this: Open with prayer at 2 o'clock. I will start us off with a recap of the last lesson, then we begin to read a few verses at a time and discuss them. The sessions end fairly promptly at 3 O'clock, and those who wish can stay and visit with each other for a while. Coffee, Tea and sometimes a cookie are available (it's not a proper meeting without coffee!),

I will be glad to pick up anyone who needs a ride. Give me a call at 425-582-8110. It will be wonderful to see you there!

Sue Rasmussen

Psalm 25:5

MORE UPDATES:

Received word that MARGARET BERGHUIS

Passed away on July 23, 2022. at the age of 93.

Evergreen Washelli is doing a graveside service for the family at the cemetery.

We were unaware of any illness she may have had. This news came as a surprise to us all.

Our thoughts and prayers are with the family at this time.

Puzzle Page



AUGUST Word Search Puzzle



I Z Z S S H G T R T G E Y O G B P P
A Y B U H M D A N E I W R Q V A B B
C Y C O I A W O R R A Z Y E J R E I
Z T P Q A S D Z R D W D I W T B Y K
E X O S P T W E P N E T I I K E J I
B S P W S O E I G X A N N N Z C G N
R O U S E O P N M O M F M E G U A G
D V S N N L I S L M M O R L Q E C J
C G B A S H T F I A I I A F Y I B S
F A C E S E I C E C F N Z N N A K O
H M M I A D T N S P L T G C S X S C
X P F P Q C O F M U I E I B S T F E
O R X M I I H A K U N P S L S U K A
E Z B Y T N C E S Z Y W O U O A R N
W B R A K O G M K Y B O G E Y E M I
E S C K L N I R M H P U K A V R U W
C A G N G W A J O J A A K I A S T P
V Z B E S P T Z X V L S R W F P E X

Find these words related to the month of August

BOAT
GARDEN
CAMPFIRE
BIKING
FLOATIE
FISHING
RIVER
AUGUST

KAYAK
BARBECUE
OCEAN
CANOE
PICNIC
BEACH
ICE (as in ice cream)



SUN
SHADE
VACATION
SWIMSUIT
SWIMMING
POPSICLES
READING

WARM
LAKE
TOWEL
POOL
PARK
CAMPING
SUNSET



The words may be hidden vertically, horizontally or diagonally.



Bethesda Lutheran Church
23406 56th Ave. W.
Mountlake Terrace WA 98043

Join us for worship Sundays at 10:15 a.m.
either in person (masked) or by Zoom.



23406 – 56th Avenue West
Mountlake Terrace, WA 98043

PH: 425-778-6390

WWW.Bethesdalcmnt.com

