



Bethesda Outlook

August 2019

Our Mission is to Proclaim, celebrate and share the love of Christ with our neighbors in an accepting, caring community.

PSALM 23: LINE BY LINE MEANING

The LORD is my shepherd=RELATIONSHIP

I shall not be in want = SUPPLY

He makes me lie down in green pastures = REST

He restores my soul = HEALING

He guides my in paths of righteousness= GUIDANCE

For his name's sake = PURPOSE

Even though I walk through the valley of the shadow of death = TESTING

I will fear no evil = PROTECTION

For you are with me = FAITHFULNESS

Your rod and your staff they comfort me = DISCIPLINE

You prepare a table before me in the presence of my enemies = HOPE

You anoint my head with oil = CONSECRATION

My cup overflows = ABUNDANCE

Surely goodness and love will follow me all the days of my life = BLESSING

And I will dwell in the house of the LORD = SECURITY

Forever = ETERNITY

Bethesda Staff

Pastor: John Beck
425-954-3003

Office Administrator:
Judy Rasmussen
425-778-6390

Musician:
Vic Peters
206-789-1699

Custodian:
Steve Farrington

Council

President:
Jeff Molitor

Vice President:
Jaye Lill

Secretary:
Judy Rasmussen

Treasurer:
Sue Rasmussen

Pat Jupiter
Kate Kurfess
Paul Larmore



Broken Vessels

By Bishop-Elect Shelley Bryan Wee

Today in the mail I received a surprise gift of pottery. Two vases and a cup. All beautiful. All treasured. But the most beautiful one has a crack on the top. I worried that it had cracked during the shipping process so I texted my friends who had sent it asking if I should be concerned. One of them replied, “Earthen vessels that we are, with maybe a crack that God can make beautiful.”

I confess that I’m feeling a little cracked right now. As excited as I am for this new call as Bishop, and as excited as I am to work with rostered ministers and congregations in this synod and in the wider church, there is a lot to process and learn. I feel the weight of responsibility and expectation.

But today, looking at this cracked vase, ruminating on my friend’s words, I am awash in grace.

You see, it is so easy when we look at ourselves or our world, to only concentrate on what seems broken. Sometimes we only see the imperfect and despair. We wonder what is wrong with this world, with society, with church, with ourselves.

But what if it is exactly this brokenness that shows God? What if this crack is where the Spirit enters in? Maybe it is in this very vulnerability when we can finally catch a glimpse of who God is and who we are.

I know that just as I have some anxiety about beginning a new call and what the future holds, there is anxiety in your lives, too. I understand both the difficulty and anticipation of moving into the future together.

But as I quoted Acts 17 during the synod assembly, I say to you again, “For in God, we live and move and have our being.” And this is where we begin and end – in God, with one another, trusting in the love that comes from Jesus. For this is who we are: Cracked earthen vessels open to the calling of the Spirit.

As I begin this new call as Bishop of the Northwest Washington Synod, I call on all of us to be trusting, accepting, vulnerable, and hopeful, as we anticipate the dance of God’s Holy Spirit – cracked beautiful vessels that we are together.

In God’s Peace and Joy,
Bishop-Elect Shelley Bryan Wee





August 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
S=Sanctuary H=Fellowship Hall O=Office Bldg B3=Building 3						Saebit Church 7:00am (S)
4	5	6	7	8	9	10
JOINT WORSHIP (w/ Terrace View) & BBQ/ POTLUCK (HERE) 10:15am Saebit Church 1:00pm (S)			Al-Anon Mtg. 7:00pm (O) Saebit Church 7:00pm (S)			Saebit Church 7:00am (S)
11	12	13	14	15	16	17
Worship 10:15am Saebit Church 1:00pm (S) Council Meeting 12:30pm (O) Comm. Table prep. 4:00pm (FH)	Monday Meal 1:00pm & 5:30pm (FH)	Comm. Table clean up 9:00am (FH)	Al-Anon Mtg. 7:00pm (O) Saebit Church 7:00pm (S) Foodie Book Group 7:00pm (FH)			Saebit Church 7:00am (S)
18	19	20	21	22	23	24
Worship 10:15am Saebit Church 1:00pm (S)			Al-Anon Mtg. 7:00pm (O) Saebit Church 7:00pm (S)			Saebit Church 7:00am (S) Men's Breakfast 8:00 – 10:00am (FH)
25	26	27	28	29	30	31
Worship 10:15am Saebit Church 1:00pm (S) Comm. Table prep. 4:00pm (FH)	Monday Meal 1:00pm & 5:30pm (FH) Girl Scout Service Unit 7:00pm (O)	Comm. Table clean up 9:00am (FH)	NEWSLETTER DEADLINE Al-Anon Mtg. 7:00pm (O) Saebit Church 7:00pm (S)			



Bethesda Highlights

Tour de Terrace
Free Hotdogs
July 26, 2019



This is the beginning of a new day. You have been given this day to use as you will. You can waste it or use it for good. What you do today is important because you are exchanging a day of your life for it. When tomorrow comes, this day will be gone forever.

In its place is something that you have left behind. — Let it be something good.



LESSONS FROM POOH

"You are Braver than you believe, Stronger than you seem, Smarter than you think, & Loved more than you will ever know."

~ Winnie the Pooh



Your greatness is not what you have,
but what you give.



Bethesda Lutheran Church
23406 56th Ave. W.
Mountlake Terrace WA 98043



23406 – 56th Avenue West
Mountlake Terrace, WA 98043

PH: 425-778-6390

WWW.Bethesdalcmnt.com



KIDS PAGE

Color the letters – Cut on the dotted line – Put on the refrigerator or bulletin board

**FORGIVE
ONE
ANOTHER**

In Luke 6:37 and Ephesians 4:32, you will learn how to forgive. Find these words in the word find:

Luke 6:37

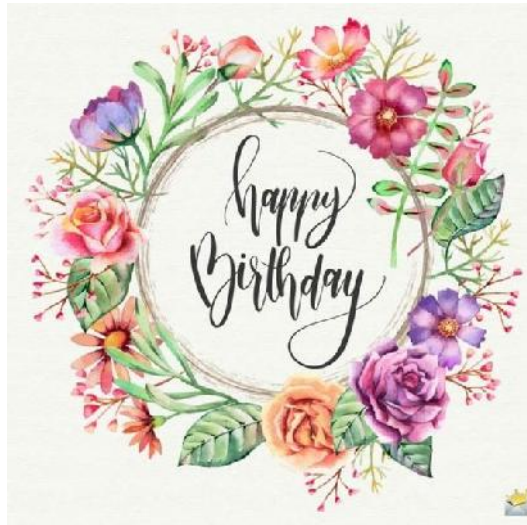
judge
not
and
you
will
not
be
judged
condemn
not
and
you
will
not
be
condemned
forgive
and
you
will
be
forgiven

Ephesians 4:32

and
be
kind
to
one
another
tenderhearted
forgiving
one
another
as
God
in
Christ
forgave
you

E	A	M	J	A	F	C	B	A	P	Z	Y	C	E	X	D
F	N	B	X	A	D	O	L	O	X	W	Y	N	Y	N	Q
G	O	D	M	O	L	N	R	E	H	T	O	N	A	X	B
Y	T	R	F	K	C	D	C	G	D	K	U	C	R	J	B
N	H	O	G	E	N	E	C	Y	I	A	L	Z	W	B	A
N	E	F	N	I	N	M	G	V	B	V	H	L	W	K	S
Z	R	D	O	W	V	N	Z	A	P	E	I	T	I	V	I
L	O	G	Q	E	D	E	N	P	A	U	E	N	T	W	A
Q	K	H	J	B	F	D	E	N	O	N	D	Q	G	F	Y
M	K	Y	E	U	C	G	G	B	D	M	T	V	G	O	U
I	V	N	O	T	D	H	V	E	D	E	G	D	U	J	I
R	M	C	L	U	S	D	R	C	S	D	R	N	J	Z	R
V	J	H	J	L	B	H	G	F	N	N	L	A	S	H	K
M	K	R	S	L	E	D	R	N	F	O	U	R	L	J	Y
L	L	I	W	A	T	T	O	Y	O	C	T	L	G	Z	Q
N	K	S	R	M	E	T	F	O	R	G	I	V	E	N	S
L	N	T	O	W	I	E	W	U	G	W	Y	I	B	X	P
J	E	B	U	F	N	T	Q	T	A	R	G	H	Q	P	S
D	N	A	M	P	R	X	G	N	V	W	S	X	H	A	T
U	O	H	U	F	I	Y	V	O	E	I	O	Z	T	P	V

ANSWERS



August Birthdays....

- 4—Al Veveris
- 10—Lisa Dyer
- 13—Pat Jupiter
- 20—Alix DeGraff
- 23—Mickey Schwald

Save the Date...

-) Monday Meals = Every 2nd and 4th Monday of each month. Lunch at 1:00pm and Dinner at 5:30pm
-) 4th Saturday of each month = Men's Breakfast. ALL are welcome.
-) August 4 = Joint Worship and BBQ/potluck with Terrace View Presbyterian [HERE](#)
-) August 6 = National Night Out.
-) November 16 = Fashion Show.

Pastor John Liljenstolpe will be our guest Pastor on August 18 & 25 While Pastor John is on Vacation

Please keep in your prayers:

Diane Anderson	Christina Bumala	Florence Carlson
Rob Gebhardt	Joyce Griswold	Joy Halladay
Marti Harper	Maxine Helms	Betty Henderson
Joel	Josiah	Kathy Kelly
Louis McCannts	Pat Olson	Char Peterson
Al Rasmussen	Mickey Schwald	Kim Snyder

Please remember to pray for family members and care givers.

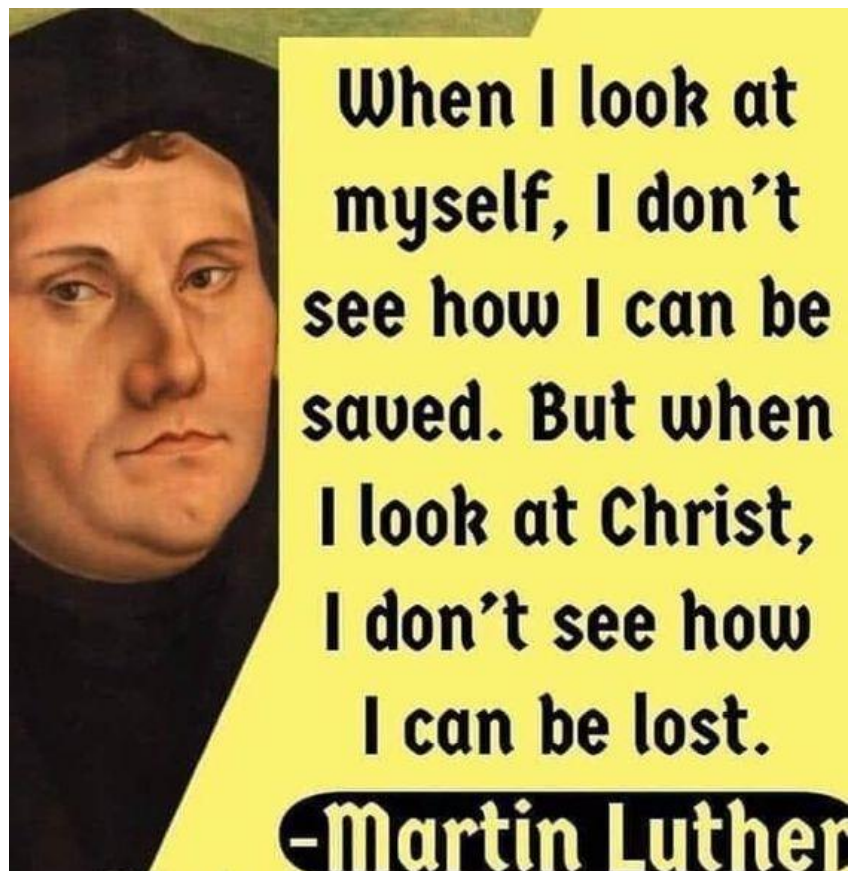


Council Hi-lights

-) Janitor position is open. We will be looking into who is interested in taking over. The council also approved a wage increase to \$15.00 per hour. This will match the minimum wage for WA State.
-) The previous renters have moved out and Jeff and Judy did a walk through with them on Sunday 07/07. There are a few items that need attention before we rent out again. The house probably won't be ready until a September 1 move-in date.
-) Pastors John and Joan will be out of town for two Sundays in August and Pastor has asked Judy to look for pulpit supply for those two days.
-) Carpet in Fellowship hall was cleaned at the beginning of July.
-) Girl Scout Troop 50529 visited the council with a proposal to upgrade the playground area. The council is taking their request into consideration.

You are always invited to sit in on a council meeting to see what we do. We meet the 2nd Sunday of each month at 12:30pm in the Church Office Building. Our next meeting will be August 11.

If you are interested in serving on the Council, please contact any council member. We are also available if you have issues, concerns, compliments or complaints. We are committed to work for you.



Pastors Message



Bethesda people are busy these days: a lot is going on at Bethesda this summer.

- There was a movie night July 20th;
- Closets and storerooms are getting cleaned out and organized and there are new chairs around our big table in the office building;
- We are providing Tour de Terrace hospitality with booth and hot dogs;
- We are having a combined worship service with Terrace View Presbyterian on August 4 at Bethesda with a potluck following;
- We had a positive Annual Meeting in June, elected new Council members and adopted a preliminary vision/mission/values statement that we are including in worship each Sunday as a prayer;
- Our new Council is engaged in developing new communication approaches that use the internet in new ways; they have also made commitments to having monthly bible study and brief seminar-like presentations to strengthen their leadership abilities;
- There was an amazing process that brought an extremely valuable electronic sign from Grace Lutheran, Bellevue, to Bethesda, for future use as 56th Ave. W is redeveloped by the Main Street Project;
- We have been saddened by deaths (Darlene Johnson) and people in the hospital and going through rehab (Mimi Seale, Florence Carlson, Christina Bumala, Sue Hauman);
- We have had guest preachers and worship leaders (Sue Rasmussen, Rev. Rod Vereb) and in August will have Rev. John Lillenstope a guest preacher;
- We received chairs, an electronic safe, a fine power washer, and a back-pack blower from Grace Lutheran;
- A couple people have been helping with keeping down the weeds;
- Dennis continues to amaze as he helps maintain our building and grounds, and provide security for us at night;
- There has been great work being done on the rental property as our renters of 5-years bought a house and have moved and soon we will be taking applications from new renters;
- We hosted an amazing recycling event that brought 167 cars through our parking lot to dispose of electronic recycling, hosted by Green Planet;
- We have had our custodian resign and we are in the process of replacing him, with Dennis helping in the transition;
- There was an amazing turnout of volunteers who helped share love, safety and did relationships-building at the Smokey Point rest stop over Memorial Day;
- We continue to have a strong feeding ministry two Mondays a month and weekly gleanings and sharing of food;
- A friend of the congregation said to me recently: Oh yeah, I know Bethesda: they are small but mighty.

The pastor adds: small, mighty and blessed by God to be agents of love and grace in our community. It IS a great honor to serve in ministry with you.

Watch for chance to be part of a small group and do some Bible study this fall.