



Bethesda Lutheran Church

Council

**Pastor Malcolm
Brown 206-755-2627**

**President:
Dena A Lee
206-368-9446**

**Vice President:
Jeff Thedens
425-481-6406**

**Secretary:
Alex Colorado
206-719-7621**

***Treasurer:
Sue Rasmussen
425-357-6272**

***Financial Secretary:
Mimi Seale
206-542-3270**

**Sherry Fifield-Maahs
425-775-5720**

**Kate Kurfess
425-672-0968**

**Sheila McConnachie
425-776-8899**

**Joan Minnis
425-778-0309**

**Mickey Schwald
425-542-3270**

***non-voting Council
advisors**

**WE ARE HERE TO
SERVE YOU! CALL
US FOR ANYTHING!**

Bethesda Outlook

July/August, 2010

From Pastor Malcolm's Desk

I remember as a child how wonder filled and extraordinary summer always seemed, and if you have lost some of this wonder yourself I invite you to take a child into the wonders of God's creation this summer. Watch, then play and live in God's grace and his unfailing faithfulness that surrounds you from the warmth of the summer sun on your face to the squeals of a summer parade.

The summer months of the time after Pentecost Sunday invite us into a place of abundance. Summer is a growing time of light, seed planting, garden tending growing and harvesting, and a time of play and wonder. We often find ourselves using language of "making" our lives- making a living, making friends, making a difference, making love, making time, just to name a few. What would happen if we began to speak a different language and imagine the growing of our lives?

Might this be a time to pay closer attention to God in one another and what God is up in our lives as our lives intersect with family, friends and those in need. Might this be a time for us to reflect on our practices of hospitality and abundance as we come together to celebrate, remember and share what we have been given. Our weekly worship time together around God's word, prayer and the Lord's Supper is such a practice and sign of the abundance God so freely gives to all. An outward sign of our abundance happens as we go out into our community and share that abundance with "Free Hugs" and "Free Hotdogs" during the Tour de Terrace on July 30th and 31st.

Let us celebrate the gift of time with our family, friends and the loves of our lives as we strengthen and go deeper into our relationships. Have fun; share meals together, enjoy the sun when we have it and laugh, laugh a lot with others. Hold each other in the stuff of life that gets us down and hold each other as the sun sets each day, because tomorrow the sun will rise and the promise of a new day and new life have been given to us by God through the resurrection of Jesus the Christ.

The gift of time and presence you spend with your loved ones and those you encounter are seeds that will last a lifetime and will change your life and the lives of those you touch. The seeds will grow and beauty of the blooms of love and grace will be abundant and will leave a permanent mark long after we are gone.

May God's abundant grace and love bring you wonder and awe and may the gift of family and friends bring you love and grace in these summer months!

Pastor Malcolm

President's Message!

We, the Bethesda Congregational Council, welcome new Council members Sheila McConnachie, Sherry Fifield-Maahs and Mickey Schwald. At this time we would like to thank outgoing Council members Joy Halladay, Cliff Pearson and Sue Rasmussen for their years of dedicated service to our Congregation. We also would like to thank Sharon Boyd and Walt Smith for their time and service on Council. Council will be appointing two replacements for these vacancies.

Newly elected, ongoing Council members and Pastor Malcolm, I look forward to working together this year as we continue to deepen and strengthen our relationships with each other, our Congregation, our Community and God.

As your Congregational Council, it is our responsibility to review and understand our mission statement. We are also called to “listen” to what God is calling us to do. It is our responsibility to “listen” to our Pastor, paid staff and Congregation as to how we might best serve them. We are here to support, strengthen and monitor all of Bethesda’s committees and services.

Let us start this new year by training others to lead and co-lead in the various roles Bethesda offers to our Congregation and Community. Jesus leads us and follows his Father. He has asked us to follow Him and lead others to God’s forgiving grace and mercy.

In Peace.

Dena A. Lee
Council President

Volunteer Opportunity

Hello Friends - I am seeking a person who would just LOVE to volunteer in my office at Bethany at Silver Lake.

You would be helping me with filing, pulling old documentation from charts, putting new information in and much, much more!
I can even get lunch for you - if you so desire.

If interested - please see or call me for more details.

Back ground checks **MUST** be performed prior to starting volunteer services.

Thank you so much!

Judy Rasmussen
Home: 425-357-6272
Office (M-F 7:30-4:00): 425-341-2115

2010 BETHESDA ARTS & CRAFTS FESTIVAL

in conjunction with "Tour de Terrace"

"RECYCLE MOUNTLAKE TERRACE!"

July 30, 5 to 8 July 31, 10 to 4

Bethesda Lutheran Church Square & Social Hall

**23406 56th Ave W.
Mountlake Terrace, WA
425-778-6390
bethesdalcm.com**

Friday 5-8 pm, Saturday 10am-4pm, Sunday 1-3p

The 6th Annual Bethesda Lutheran Church Arts & Crafts Festival is back! Join us for every minute of this spirited, creative and educational community event. There will be a recycled art market, juried adult and junior recycled art exhibits, a recycled fashion contest and an art make-and-take station.

Fun for the whole family!

*Dance with us!
Drum with us!
Hear great music!
Play and sing!
Recycle with us!*

REMEMBER!

REUSE! REDUCE! RENEW! RECYCLE!

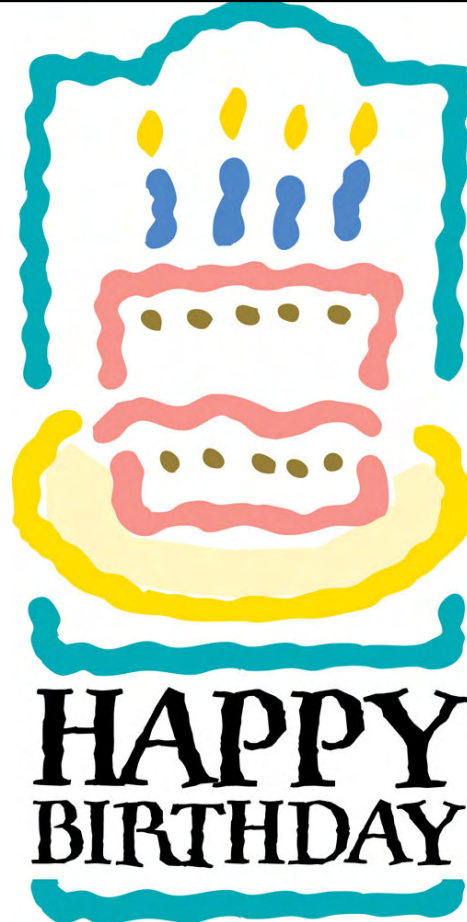
For more information about this event and for contest forms, please visit our website:
www.bethesdalcm.com.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<h1>JULY 2010</h1>				1 Brownies 6:30pm	2 Mtlk. Terr. Sr's. lunch Noon WAM 5:45pm AA Mtg. 6:00pm	3
4 Worship 10:15am Comm. Dinner prep. 3:00pm Bethesda Terrace Youth 7:00pm	5 Community Dinner 5:30pm Intern Committee Mtg. 7:00pm Facilities Comm. Mtg. @ J. Minnis' 6:30pm Jammers rehearsal 8:00pm (office closed)	6 Brownies 6:30pm Education Comm. Mtg. 7:00pm	7 Mtlk. Terr. Sr's. lunch Noon Photo Hist. Team 3:30pm Al-Anon Mtg. 7:00pm	8 Brownies 6:30pm	9 Mtlk. Terr. Sr's. lunch Noon AA Mtg. 6:00pm	10 Hospitality Comm. Mtg. 10:00am
11 Worship 10:15am Comm. Dinner prep. 3:00pm Bethesda Terrace Youth 7:00pm	12 MTM Mtg. 10:00am Sue's Bible Study 2:00pm Community Dinner 5:30pm Jammers rehearsal 8:00pm	13 Outreach Comm. Mtg. 7:00pm	14 Esther Circle 10:00am Mtlk. Terr. Sr's. lunch Noon Photo Hist. Team 3:30pm Al-Anon Mtg. 7:00pm	15 Brownies 6:30pm	16 Mtlk. Terr. Sr's. lunch Noon AA Mtg. 6:00pm	17 Exec. Comm. Mtg. Noon Family Movie Night 5:00pm
18 Worship 10:15am Arts Faire meeting 3:00pm Comm. Dinner prep. 3:00pm Bethesda Terrace Youth 7:00pm	19 Community Dinner 5:30pm Council Meeting 7:00pm Jammers rehearsal 8:00pm	20 Brownies 6:30pm	21 Mtlk. Terr. Sr's. lunch Noon Photo Hist. Team 3:30pm Al-Anon Mtg. 7:00pm	22 Brownies 6:30pm	23 Mtlk. Terr. Sr's. lunch Noon AA Mtg. 6:00pm	24 Men's Fellowship 8:00am
25 Worship 10:15am Comm. Dinner prep. 3:00pm Bethesda Terrace Youth 7:00pm	26 Sue's Bible Study 2:00pm Community Dinner 5:30pm Jammers rehearsal 8:00pm	27	28 Mtlk. Terr. Sr's. lunch Noon Photo Hist. Team 3:30pm Al-Anon Mtg. 7:00pm	29 Brownies 6:30pm	30 Mtlk. Terr. Sr's. lunch Noon	31 <div style="background-color: #FFC0CB; padding: 10px; text-align: center;"> TOUR DE TERRACE AND BETHESDA ARTS & CRAFTS FAIRE </div>

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>1 Joint Worship Service at Terrace View Presbyterian 10:00am Comm. Dinner prep. 3:00pm Bethesda Terrace Youth 7:00pm</p>	<p>2 Community Dinner 5:30pm Intern Committee Mtg. 7:00pm Facilities Committee 6:30pm @ J. Minnis' Jammers rehearsal 8:00pm</p>	<p>3 Brownies 6:30pm Education Comm. Mtg. 7:00pm</p>	<p>4 Mtlk. Terr. Sr's. lunch Noon Photo Hist. Team 3:30pm Al-Anon Mtg. 7:00pm</p>	<p>5 Brownies 6:30pm</p>	<p>6 Mtlk. Terr. Sr's. lunch Noon WAM Comm. Mtg. 5:45pm AA Mtg. 6:00pm</p>	<p>7</p>
<p>8 Worship 10:15am Comm. Dinner prep. 3:00pm Bethesda Terrace Youth 7:00pm</p>	<p>9 MTM Mtg. 10:00am Sue's Bible Study 2:00pm Community Dinner 5:30pm Jammers rehearsal 8:00pm</p>	<p>10 Outreach Comm. Mtg. 7:00pm</p>	<p>11 Esther Circle 10:00am Mtlk. Terr. Sr's. lunch Noon Photo Hist. Team 3:30pm Al-Anon Mtg. 7:00pm</p>	<p>12 Brownies 6:30pm</p>	<p>13 Mtlk. Terr. Sr's. lunch Noon AA Mtg. 6:00pm</p>	<p>14 Hospitality Comm. Mtg. 10:00am</p>
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JULY

- 2 - Tim Currier
- 6 - Eddie Chatfield
Shaun Cunningham
- 7 - Ed Hinson
- 9 - Mimi Seale
- 12 - Thomas Klingensmith
Shailee Kosko
- 14 - Robert Porter
Verna Uhl
- 17 - Roy Johnson
- 18 - Veronica Rhoten
- 25 - Doris Storm
Kaloafu Tonga
- 27 - Tim Krahn
- 28 - Rebecca Angel
- 30 - Melissa Bader

**AUGUST**

- 4 - Albert Veveris
- 5 - Mike Matteucci
- 6 - Brandy Donald
- 8 - Stephanie McArdle
- 11 - Christina Bader
- 13 - Kenny Pearson
- 18 - Luke Klingensmith
- 23 - Mickey Schwald
- 29 - Jerry Rhoten
Dorothy Wilson
- 30 - Stan Krahn

July 4th - Baptism Sunday
for Mike Brenot, Lisa Dyer and Sarah Sullivan

Farewell and Godspeed to Pastoral Intern Jacquie Berlien

Sunday August 15th 2010- 10:15am Worship,

will be Pr Jacquie's last Sunday with us at Bethesda! Come and hear her proclaim God's word, sing for us and lead our worship on that day. We will wish Pr Jacquie farewell and Godspeed and thank her for being such a blessing to us as part of our household faith as she has learned from us and taught us as well.

Joint Service with Terrace View Presbyterian Church

Sunday August 1st

10:00a.m. @Terrace View Presbyterian Church

4700 228th St SW · Mountlake Terrace

Pastors Malcolm and Rich Presiding, Pr Malcolm will be giving the message.

Bethesda will provide the buns for hamburgers and hotdogs and Terrace View Presbyterian Church will provide Hot Dogs and Hamburgers along with all the condiments and trimmings and beverages.

The rest of the POTLUCK (side dishes, salads, deserts, etc) is up to all of us from both churches

Thoughts For The Month

Whatever happened to good old fashioned conversation? AARP magazine's recent headline "*We tweet, we text, we e-mail. Everybody's chatting, but is anybody listening? Why American needs to revive the vanishing art of conversation. We need to talk.*" If you lived anywhere but on a farm, you must remember house calls. People that came to your house during the Great Depression and World War II: the coal and ice driver (Did you put your ICE card in the window for amount needed?). A bread man, the milk man several times a week—some places, even groceries were delivered—and doctor's calls. Yep, they often came to your home if needed. Most are gone now. I do see a milk truck going by our street occasionally. The ways they did business, human beings part of our lives are no more. Why?

After those wars, "our nation became a car-oriented society—we went to the merchants; they no longer came to us." Appliances took over many household tasks but more recently, computers and it's many smaller contactors have eliminated human interaction. We can order most everything. Hand-held devices encroach on good old fashioned conversation; restaurant meals, a walk in the park, the privacy of your car. "We have all these invisible walls built by iPods and cell phones", says Daniel Menaker, who crusades for traditional, face-to-face connection in his new book "*A Good Talk, The Story and Skill of Conversation*". Menaker's chief villain isn't necessarily technology but our overstuffed lives. Cyber-savvy experts view growth of text messaging and live video chatting allowing people to keep in such constant communication that is beginning to radically change the sense of what it means for people to feel together, or alone, or apart. It gives the feeling that you are with someone but you are not, just by being logged on, not communicating or interacting, there's a sense of you being there and OK.

The big questions of more privacy and/or stalking are arising, allowing people to commune with one another as they walk through the day anywhere at any time. Some 4.1 billion texts are sent each day in the U.S—four times what it was in 2007. January's report on children 8 to 18 showed that 31% of 2nd to 4th graders have cell phones, and by 18, nearly everyone has one. Whoops, at 18 at grandma's country farm, we didn't even have a phone. Users of Skype, which offers instant messaging and video conferencing, logged onto their computers to make 3.1 billion minutes of calls, up 44% from last year. "New technologies amplify different opposing things like the good and the bad", says a Georgetown University linguist. "People should not ask if conversation is in decline, but how it is changing." But constant communication also presents difficulties, even a dark side. Who wants to return home from a day of office work to 15 e-mails? Chay Ko, a New Jersey sociologist, said there exists a general sense that such constant communication, often conducted while multi-tasking, was creating a culture with a shortened

by Jeanne Krahn

attention span. A recent poll of 1,200 teens showed that 24% sleep with their cell phones. It becomes a preoccupation, often having trouble doing one thing at a time. Meeting friends face to face, they will be testing at the same time. They are used to juggling all these interactions but there is a loss. A loss of focus, a loss of reflection, a loss of depth. Jacqueline Leo (former editor of Reader's Digest) in her book "*Seven: The Number of Happiness, Love, and Success*", she counsels putting people first—at least not eighth, since she deems 7 the number of priorities you can have at one time. Restoring human contact becomes a problem, being so distracted by our digital traffic that we forget the importance of listening—and of the listener. "Our own conceit becomes one of the reasons people can't put their machine down, they make us feel too important." Is this an example when one couple, married three years, who text to each other 50 times a day "I love you". Aren't we in danger of becoming a nation of hyper-connected hermits, thumbs furiously working our BlackBerry's? Yesterday morning, as Stan and I were having breakfast at IHOP, a mother(?) and young son were seated across the aisle. After ordering came the rapid communication, texting with whomever, each to his own, never speaking to one another until they had to make room for their food orders. So am I communicating by writing instead for all of you? What makes any sense anymore? C'mon over and we'll have tea and talk. It's becoming increasingly difficult in our daily lives to interact with other human beings. Does anyone ever confront the thought "there must be more to life than this"?

Things you didn't know you need to know:

- coffee filters make convenient wrappers for tacos
- 10 worst shopping days: Labor Day weekend, Sundays, Saturdays, Memorial Day weekend, afternoons between 4pm and 7pm, Thanksgiving Eve, Christmas Eve, day after Thanksgiving, the day after a major disaster such as a tornado, snowstorm, etc., Fourth of July if it falls on a weekend.
- Store celery and lettuce in paper bags, not plastic and leave the stalks and outside leaves along until ready to use.
- Strawberries will stay fresher when kept in a colander in the refrigerator. Don't wash until just before using.
- By swallowing evil words unsaid, no one has ever harmed his stomach.

If you don't have a smile, I'll give you one of mine! Do we need more than the commandment to be nice to each other? Take good care of each other and enjoy your holidays.



**Bethesda
Lutheran Church**

23406 56th Ave. W
Mountlake Terrace, WA 98043

Phone: 425-778-6390

Pastor: Malcolm Brown
Sno-King Cluster Intern: Jacque Berlien
Church of the Beloved: Ryan Marsh—Deployed

Change Service Requested

NON-PROFIT ORG.
U.S. POSTAGE
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Mountlake Terrace, WA
PERMIT #10

We're on the Web!
bethesdalcm.com

RECYCLE ARTS & CRAFT FESTIVAL

BETHESDA LUTHERAN CHURCH ARTS & CRAFTS FESTIVAL

Friday, July 30th 5:30 pm - 8:00 pm
Saturday, July 31st 10:00 am - 4:00 pm

BETHESDA SQUARE
corner of 236th SW & 56th Ave. W
